



Menu is Subject to Change

DECEMBER 2021

Shenandoah Preschool Lunch Menu

Low-Fat Milk is Offered at All Meals

Monday



Chicken Noodle Casserole **6**
Steamed Peas
Mandarin Oranges
Cookie
Milk

BBQ Rib Sandwich **13**
Baked Beans
Fresh Veggie Mix
Applesauce
Milk

Macaroni & Cheese **20**
Steamed Peas
Strawberries
Pudding
Milk

NO
SCHOOL

Tuesday

Chicken Fajita **7**
Spanish Rice
Cucumber Slices
Applesauce
Ice Cream
Milk

Beef Stroganoff **14**
Corn
Apple Slices
Dinner Roll
Milk

Chicken Nuggets **21**
Mashed Potatoes & Gravy
Fresh Broccoli
Orange Wedges
Dinner Roll
Milk

NO
SCHOOL

Wednesday

Chicken Patty Sandwich **1**
Corn
Apple Slices
Milk

Turkey & Noodles **8**
Mashed Potatoes
Tossed Salad w/Cherry Tomatoes
Banana
Dinner Roll
Milk

Cheesy Chicken Burrito **15**
Green Beans
Diced Pears
Milk

Italian Pasta Bake **22**
California Blend Vegetables
Blueberries
Garlic Toast
Milk

NO
SCHOOL

Thursday

Turkey & Cheese Sandwich **2**
French Fries
Baby Carrots
Peaches
Milk

Spaghetti w/Meat Sauce **9**
Green Beans
Mixed Fruit
Garlic Toast
Milk

Chicken Nuggets **16**
California Blend Vegetables
Mixed Berries
Milk

NO
SCHOOL

NO
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Friday

Pizza **3**
Green Beans
Pineapple
Milk

PBJ Uncrustable **10**
Fresh Veggie Mix
Strawberries
Go-Gurt
Milk

Cheese Filled Bosco Sticks **17**
Steamed Carrots
Pineapple
Milk

NO
SCHOOL

NO
SCHOOL

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